

A bird phobia can be truly hard to deal with. Birds are just so random, and frequently they fly up from no place when you have not seen them, giving you a dreadful shock. When you have a bird phobia, it can be difficult to think of life without it. Even the picture of a bird in a publication can make some bird phobia sufferers run for cover. All self-limiting beliefs, phobias and bad habits are simply bad programs buried in the subconscious area of the mind. Willpower is entirely ineffective in dealing with these issues because you are prevented from accessing the source of the problem. Craig Beck is a master hypnotist of twenty years standing and is also a respected timeline therapist and NLP master practitioner. He understands what makes people tick and more importantly how to access and remove the erroneous programs that cause us problems in everyday life. Designed to quickly help you reduce and remove the overpowering fear of birds; Use this powerful and proven MP3 hypnosis download to help with Bird Phobia. • Unique speed hypnosis technique for rapid results • Easy to use on any device including smartphones • Rapidly reduce fear and anxiety of birds • A highly effective solution to severe Bird Phobia / Ornithophobia • Replace your self doubt with a new constructive habit This kindle book includes a free MP3 download link for the accompanying hypnosis track.

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